

CHARLESTON CHURCH RECREATION ASSOCIATION
INSTRUCTIONAL LEAGUE BASKETBALL

General Rules:

- There will be a ten (10) minute grace period for the first scheduled game of the day
- Home Team must designate an adult to run the clock throughout the game
- All members of a team must have uniform shirts of the same color
- No score sheets are to be kept
- No won/lost records are to be recorded

Playing Rules:

- Playing time will be six (6) minute quarters with a running clock – no overtime
- It is required that each player has a minimum of one (1) quarter of playing time
- Scoreboard will be set at zero (0) at the beginning of each quarter
- Teams must play zone defense
- No pressing
- No trapping
- Coach may call timeout

Game Cancellations:

Thursday - If school is cancelled or students are sent home early due to bad weather conditions, all Thursday night games will be cancelled. If there is a Thursday morning delay for the start of the school day and students remain in school until the end of the day, all Thursday night games will be played as scheduled.

Saturday - If school is cancelled or students are sent home early due to bad weather conditions on Friday, all Saturday games will be played unless otherwise notified. If Saturday games are cancelled, the CCRA League Director will notify the Church Representative who will then notify the Coach.